



Ms Vicky Easton, BSc, MCSP, FAPCP
Clinical Specialist Physiotherapist in Paediatric Orthopaedics

Ms Vicky Easton has worked as a Paediatric Physiotherapist since 2004 and, for the past thirteen years, has been working as one of two Paediatric Orthopaedic Clinical Specialist Physiotherapists at the Norfolk and Norwich University Hospital.

Having completed her initial undergraduate training in Norfolk, she travelled further afield to attain the necessary knowledge and skills required to fulfil the new role, which included completion of various MSc modules in the UK. She was also fortunate to be able to travel to Australia to complete a specialist certificate in Paediatric Orthopaedic Physiotherapy at The Royal Children's Hospital, Melbourne. This provided her with an invaluable insight into how physiotherapists can collaborate with orthopaedic consultants when working as advanced practitioners.

Ms Easton's current responsibilities are varied, but they fall into three principal areas: DDH, clubfoot, and normal variant/triage clinics. She out-reaches to other hospitals within the region and acts as a mentor to other members of the physiotherapy team. She contributes to teaching programmes for midwives, physiotherapists, and medical students.

She has completed the Global Clubfoot Training Courses and is now a trainer herself. She was part of the BSCOS consensus group on the management of idiopathic congenital talipes equinovarus. She has been involved in various research studies and is a co-author of several papers.

Ms Easton is a member of the Association of Paediatric Chartered Physiotherapists (APCP) and, for five years, was Chair of the Musculoskeletal Special Interest Group. In 2019, the APCP awarded her a fellowship for her contribution to paediatric physiotherapy research and training.